

GLOBAL DIGITAL TOOLBOX IDEATHON MENTAL HEALTH

November 30, 2024 (9:00-18:00 + Dinner)

December 1, 2024 (9:00-12:30 + Lunch)

Start-Up Villa, Freie Universität Berlin

Altensteinstraße 40, 14195 Berlin

To foster the growth of our collective expertise and streamline the research process in global digital mental health, we are excited to introduce an innovative initiative: **the co-minded toolbox**. This resource aims to be a comprehensive, hands-on guide—a detailed wiki—designed to support researchers at every stage of their work, enriched by the shared knowledge and experiences of our community.

To tackle the challenges of global mental health, high hopes have been set into the development of digital solutions: They promise to extend access to care and improve healthcare for individuals worldwide. Nonetheless, when interdisciplinary experts come together, some information might get lost or is not as well shared as it could be. We want to work together on a guideline about best practices in all components of research in global digital mental health.

What to expect:

- Define the essential components of global digital mental health research and establish a robust framework.
- Work together with others involved in the field of global digital mental health to live the standard of co-creation.
- Connect with other researchers and experts across various disciplines, enriching your network, and becoming an integral part of the **co-minded** community.

To join our ideathon, submit your application by **September, 30th, 2024** via www.cominded.digital/toolbox. To ensure effective collaboration, the workshop is limited to 25 participants. Should we receive more applications than we can accommodate, our organizing committee will select proposals that best align with our program's objectives.

Support for Early Career Researchers: We are delighted to announce that GLOHRA will provide funding support for travel and accommodation expenses for early career researchers, including PhD candidates and postdoctoral scholars (up to seven years after receiving their PhD). This support covers travel costs up to €200 (note: only train travel is eligible for funding) and accommodation (one night with breakfast in Berlin). To ensure that as many participants as possible can benefit from this opportunity, we kindly request that you apply for this funding only if you do not have alternative means to cover your participation costs, such as support from your employer or scholarship organisation.

Should you have any questions or require additional information, please feel free to reach out at any time via info@cominded.digital

Best Regards,

The organizing committee



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