

Workshop

BEYOND ACCESS:

**ETHICAL, SUSTAINABLE, AND
ACTIVIST PERSPECTIVES IN
GLOBAL DIGITAL MENTAL
HEALTH**

March 26–27, 2026
University of Zurich
Switzerland

The *co-minded* research community connects researchers across global health, digital health, and mental health. The workshop focuses on four thematic areas - **digital equity and inclusion, sustainability, ethical AI and data governance, and implementation in global health systems** - and combines research presentations with collaborative sessions to identify research gaps and support interdisciplinary collaboration.

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**Universität
Zürich** ^{UZH}

Beyond Access: Ethical, Sustainable, and Activist Perspectives in Global Digital Mental Health

Workshop, March 26–27, 2026
University of Zurich, Switzerland

Digital technologies are transforming global mental health – but they also raise urgent questions about ethics, sustainability, and justice. This two-day workshop brings together researchers and practitioners to critically examine how digital mental health tools can be developed and implemented in fair, responsible, and inclusive ways.

The workshop is hosted by **Prof. Dr. Clare Killikelly** at the University of Zurich and co-organized with the **co-minded** research community.

Workshop Highlights

- Keynotes by **Dr. Sakshi Ghai** and **Prof. Dr. Jennifer Belus**
- Junior researcher presentations and poster sessions
- Workshops on digital equity, sustainability, ethical AI, and implementation

How to Apply: Applicants are invited to submit a short abstract (up to 500 words) describing their work or research interests related to ethics, sustainability, or activism in global digital mental health. Based on the submitted abstracts, the organizing committee will assign accepted participants to panel presentations, junior researcher presentations, or poster sessions. Participation without presenting is also welcome.

Selection & Fees: To maintain a collaborative and interactive workshop atmosphere, participation is limited. If applications exceed available places, participants will be selected based on the fit of their abstracts with the workshop themes and the goal of creating a balanced and diverse program. Please note that participants are responsible for organizing and covering their own travel and accommodation.

Application deadline: January 31, 2026

Participation fee: CHF 69 (includes all meals and beverages; payable upon acceptance)

All information, including the application form, is available here:

www.cominded.digital/workshop

Preliminary workshop program

THURSDAY, 26.03.2026

12:45 Arrival Coffee and Registration

13:00 Welcome by the Organizers & Workshop framing

13:30 **Junior Research Presentations**

14:00 **Parallel Workshops**

Workshop 1: Digital Equity, Access & Inclusion

Workshop 2: Sustainable Digital Design & Ecological Responsibility

16:00 **Junior Research Presentations**

16:30 Round up and Closing

17:00 Apéro and Networking

FRIDAY, 27.03.2026

8:30 Arrival and Poster Setup

9:00 **Junior Researcher Poster Session & Networking**

10:00 **Keynote** Dr. Sakshi Ghai

*Digital inclusion, youth mental health, online behavior,
and ethical development of digital platforms*

10:30 **Synthesis of Workshops 1 and 2:** Developing Collaborative Brief Reports

11:30 **Junior Research Presentations**

12:00 Lunch break

13:00 **Keynote** Prof. Dr. Jennifer Belus

*Implementation science, cultural adaptation, and digital interventions
in low-resource settings*

14:00 **Parallel Workshops**

Workshop 3: Integrating Digital Tools Into Global Health Systems

Workshop 4: Ethical AI, Algorithmic Fairness & Data Governance

15:30 Coffee Break

16:00 **Synthesis of Workshops 3 and 4 and Closing**

Travel and Accommodation Guide for the University of Zurich, Switzerland

For decades, the University of Zurich (UZH), Switzerland's largest university, has been a leading center for research and teaching in Europe. Its strong international orientation, interdisciplinary collaboration, and commitment to academic innovation make it an ideal venue for exploring pressing questions shaping Europe's future.

Getting there from within Zurich:

The University of Zurich's City Campus (Zentrum) is located along Rämistrasse in the university quarter, adjacent to Zurich's historic city center. It is well connected to the city's public transport network. From Zurich Hauptbahnhof (main station), several tram lines provide direct access:

- Tram 6 (direction Zoo)
- Tram 10 (direction Zürich Flughafen or Oerlikon Bahnhof)
- Tram 3 (direction Klusplatz)
- Tram 15 (direction Klusplatz)

Travel time is typically 5–7 minutes. The most convenient stops for the central UZH buildings (such as KOL, KOH, RAI, RAA) include ETH/Universitätsspital, Kantonsschule, and Universitätsspital. From these stops, the main university facilities are within a 2–5 minute walk. Walking from Zurich Hauptbahnhof is also feasible, taking approximately 15–20 minutes through the old town and up a gentle incline.

Getting there from other parts of Switzerland:

Zurich is a major rail hub with high-frequency connections from all major Swiss cities. Direct trains to Zurich Hauptbahnhof operate multiple times per hour from Bern, Basel, Lucerne, St. Gallen, Lausanne, and Geneva. Travelers can plan routes using the Swiss Federal Railways (SBB) website or app.

Getting there from abroad:

Attendees arriving by air will land at Zurich Airport (ZRH). The airport is directly linked to the national rail system, with trains to Zurich Hauptbahnhof departing every few minutes and requiring about 10 minutes of travel time. From the main station, trams provide fast and reliable onward connections to the City Campus. An alternative is tram 10, which runs directly from Zurich Airport to the university area. The journey takes approximately 35 minutes, and passengers can alight at ETH/Universitätsspital for immediate access to the campus.

